

WMCYO GAME DAY REGULATIONS 2019 - 2020

The following is an excerpt from CYO Basketball League of Western Mass Guidelines & Rules
2019 – 2020 VERSION 2019.1.0

UNIFORMS

- Each team must have matching numbered jerseys or t-shirts in order to play the game.
- In the event that both teams have or are wearing the same color or similar colors, the “home team” is responsible to change their color or wear pinny jerseys.
- WMCYO has no rule requiring a specific home or away color, we leave that to each individual program to decide.

JEWELRY

- No jewelry may be worn during the game including earrings, bracelets, fitness trackers, etc. unless medically necessary.
- If medically necessary the item may be worn, but WMCYO must be informed prior to wear or use.
- If ears have been recently pierced and the earrings cannot be removed, then they may be covered with band-aids or medical tape if they are studs or something small. They cannot be worn even if covered if large and dangly.

MEDICAL REQUIREMENTS

- WMCYO will allow any player to wear any device or accessory that is deemed to be medically necessary, as long it does not pose any risk or danger to other players.
- If a player has a medical need then WMCYO should be informed prior to the player being added to a roster.
- The coach should inform the opposing coach and the officials at any game of an approved players device or accessory.
- Hard helmets, casts, hard braces, splints, etc. are not acceptable and players may not play wearing them.

BASKETBALLS

- The home/host gym is to provide the game ball(s) to be used in each game.
- Boys 7th & 8th Grade teams will use a “full-size” ball, 29.5”.
- Girls 3rd & 4th Grade teams will use a 27.5” balls.
- All other teams use “intermediate” size balls, 28.5”.

FREE-THROWS

- Players on all teams in both the Girls & Boys 3rd & 4th Grade divisions can shoot from a 12’ line, all other teams shoot from the standard free-throw line.
 - Girls & Boys 3rd & 4th grade must shoot both shots from the same line if they are shooting two shots, they may switch lines their next time at the free throw line.
 - If they shoot from the regular free throw line and they step over the line it is not a violation, but they cannot step over the 12’ line.
 - If the player is shooting from 12’ line the players along the key should be moved down so the first player is not behind the shooter.
- WMCYO does **NOT** have a double bonus.
 - All fouls after 7 fouls are one & one, unless the foul is committed while shooting.
- Players, coaches, and fans must refrain from making noise or anything else to distract the shooter while they are attempting their foul shot(s).

GAME TIMES / GRACE PERIOD

- All game times on schedules are official game times and should start on time when possible, occasionally start times run late because games prior have started late or run long.
- WMCYO suggests that all teams arrive a minimum of 15-20 minutes prior to the official game time.
 - During the WMCYO End of Year Tournament teams should arrive 30 minutes prior to the start of their game, as the next tournament game will start 5 minutes after the start of the prior game.
- If either team is not able to field a team at the official start time, then they will be granted a 10-minute grace period.
 - During WMCYO End of Year Tournament the grace period is cut to 5 minutes after the end of the prior game.
- If the team is still unable to field a team after the grace period, then that team will forfeit the game and will be charged the cancellation fee as outlined in the No Show section of the Cancellation Policy.
- All games are to be composed of (2) 14-minute stop time halves, with a 5-minute half time.
 - Overtime is 2 minutes stop clock.

During the regular season there will be only (1) overtime period in any game. If the teams are still tied at the end of overtime the game ends in a tie.

During the End of Season Tournament as many overtime periods as are needed to declare a winner will be played with a 30 second time-out between overtime periods.

MERCY RULES

- For both Boys and Girls teams in the 5th & 6th Grade and/or 7th & 8th Grade Divisions any team reaching a 20-point lead during the game shall have their defense play within the three-point arch or from the foul line extending to each sideline.
 - This applies to ALL divisions, including Division 1 (or whatever the top division is called.)
 - All pressing is suspended regardless if pressing being allowed.
 - If the lead is cut to under 20 points the Mercy Rule is suspended unless the lead reaches 20 or more points again.
 - The exception to this rule is if both coaches **agree prior** to the start of the game to suspend the Mercy Rule and to play without such restrictions.
- For both Boys and Girls teams in the 3rd & 4th Grade Divisions any team reaching a 15-point lead during the game shall have their defense play with the three-point arch or from the foul line extended to each sideline.
 - This applies to ALL divisions, including Division 1 (or whatever the top division is called.)
 - All pressing is suspended regardless if pressing being allowed.
 - If the lead is cut to under 15 points the Mercy Rule is suspended unless the lead reaches 15 or more points again.
 - There are no exceptions to this rule in the 3rd & 4th Grade Divisions, coaches cannot opt out.
- Any team exceeding the Mercy Rule should use it as a teaching opportunity. All fast breaks and aggressive play should be curtailed/stopped.
- The referees will issue (1) warning to any team not following the Mercy Rule in a game.
 - The 2nd offense will result in a technical foul being issued against the bench/head coach of the offending team.
 - The 3rd offense will result in immediate suspension of the game with the offending team forfeiting the game.
- If the score differential continues to grow, and it is determined to be excessive by the home/host gym coordinator the game may be switched to running time or suspended entirely.
- During the game if the visiting team is the team that is on the low score end of the Mercy Rule and they determine that it is score is getting excessive the head coach should request that someone at the scorer's table or a referee get the gym coordinator to discuss options.
- The team that is on the losing end may also opt to cancel future games with the team with the excessive score.
 - The team/program should notify BOTH schedule.wmcyo@gmail.com and the other teams coordinator ASAP, do not wait until 72 hours before the game.
 - If the future game is to be held in the losing teams home/host gym, then they are responsible to find their own replacement.
 - WMCYO will put out a broadcast email to help but is not responsible if a replacement is not found. WMCYO is not responsible for any cancellation fees.
 - If no replacement is found the team with the excessive score is **NOT** responsible for a Cancellation Fee.
 - If the future game is to be held in the winning team/team with excessive scores home gym, they should attempt to find a replacement on their own also.
 - WMCYO will put out a broadcast email on their behalf. WMCYO is not responsible for any cancellation fees.
 - If no replacement is found the canceling team is **NOT** responsible for a Cancellation Fee.
- WMCYO should be notified via email to schedule.wmcyo@gmail.com if there is an excessive score differential.
 - Teams/programs with repeated reports of excessive scores may have some games

PRESSING RULES

- Pressing rules are set and adjusted after each division placement, the rules below are the basis for the actual rules. For the Actual rule as they apply see the WMCYO Pressing Rules, which is a separate document.
- Boys & Girls 3rd & 4th Grade Divisions – These rules never change.
 - No pressing in any division until the last 1:00 minute of the game, and any overtime.
- Boys 5th & 6th Grade and 7th & 8th Grade Divisions
 - Typically pressing is allowed in the top division, and the upper part of the second division.
 - In the divisions that pressing is allowed it is allowed all game, unless the Mercy Rule comes into play then all pressing must stop.
 - If prior to the game beginning coaches agree to suspend the Mercy Rule then pressing becomes half court press, while the Mercy Rule would be in effect.
 - Coaches CANNOT opt out of the pressing rule when the Mercy Rule is in effect.
 - For all divisions that do not allow pressing whole game, then pressing is allowed only in the last 2:00 minutes of the game, and any overtime.
 - If the Mercy Rule is in effect, then pressing is NOT allowed at any time.
- Girls 5th & 6th Grade and 7th & 8th Grade Divisions
 - Typically pressing is allowed in the top division.
 - In the divisions that pressing is allowed it is allowed all game, unless the Mercy Rule comes into play then all pressing must stop.
 - If prior to the game beginning coaches agree to suspend the Mercy Rule then pressing becomes half court press, while the Mercy Rule would be in effect.
 - Coaches CANNOT opt out of the pressing rule when the Mercy Rule is in effect.
 - For all divisions that do not allow pressing whole game, then pressing is allowed only in the last 2:00 minutes of the game, and any overtime.
 - If the Mercy Rule is in effect, then pressing is NOT allowed at any time.
- **For games that cross over divisions and pressing rules, the game is played by the lower level teams pressing rules.**
- Coaches **CAN** agree to not press when pressing is allowed, however it is not enforceable by the referees.
- Coaches **CANNOT** agree to press when the pressing rule does not allow pressing.

TECHNICAL FOULS

- Any player, head coach, assistant coach or scorer who is assessed two (2) technical fouls in a game will be ejected and must leave the gymnasium.
 - The home/host gym coordinator should email Hugo Mariani at wmcyobasketball@gmail.com and the coordinator of the ejected parties' program and inform both of them of the ejection.
- Furthermore, the player, head coach, assistant coach or scorer will be suspended from the next scheduled game.
- If the ejected player head coach, assistant coach or scorer refuses to leave the gymnasium, the game will not continue until they leave, if they do not leave the game will be suspended.
- If the game is suspended, then WMCYO will decide the outcome of the game.
- All bench technical fouls will be assessed to the head coach.
- The head coach is responsible for the conduct of his or her players, assistant coach, scorer and fans.

PLAYER SUSPENSION OR EJECTIONS

- A player or coach who strikes or jostles an official in any manner will be suspended for the entire basketball season.
 - This type of action may jeopardize future eligibility in the CYO Basketball League of Western Mass.
- Any player who strikes or fights with another player, coach, or spectator will be subject to an automatic one game suspension or possibly face suspension for the remainder of the season.
- Any player receiving two technical fouls in one game will be suspended for the remainder of the game and the next scheduled game. As stated in the Technical Foul section of this document.
- If a player or coach is ejected from the game or involved in any altercations, contact your coordinator who will then contact the director of athletics for the CYO Basketball League of Western Mass.

BENCH DECORUM

- Each coach will be responsible for his or her bench decorum, and the decorum of their fans.
 - Swearing and other offensive language or actions will not be tolerated by any individuals or group.
- One head coach and one assistant coach will be permitted on the bench.
- An official scorer will be allowed to sit at the officials table, if there is not adequate space at the officials table then the scorer may sit on the bench.
- All players who sit on the bench must be in uniform.

PROTESTS

- All protests must be made at the time of the incident to the officials in charge of the home/host gym.
- Written account(s) must be submitted within 48 hours to your program's coordinator.
- Your coordinator will then submit the protest along with the Protest Fee to the director of athletics for the CYO Basketball League of Western Mass for further review.
- The protest fee is \$100.00 and is non-refundable.
 - Checks made payable to CYO Basketball League of Western Mass.
 - The fee must be submitted before the protest will be considered

INJURIES/INSURANCE

- The home gym should have first aid equipment available to cover most minor injuries.
- The kit should contain at least adhesive bandages for minor cuts and scrapes, ice packs, ace bandage, and trash bag.
- If emergency medical attention is required, call 911.
- If a player is injured while participating in WMCYO notify CYO Basketball League of Western Mass Athletic Director Hugo Mariani, 413-505-9532, wmcyobasketball@gmail.com, for insurance forms within 24 hours of the injury.

VIDEO/VIDEOTAPE

- The use of video/videotape will not be considered or viewed by the WMCYO to determine the outcome of any contest or to dispute a call made by an official.
- Video/videotape will only be viewed by the WMCYO if an altercation between players, a coach, or a fan occurs during a contest.

REGULATIONS NOT COVERED

- Any rule or regulation not specifically stated will be left to the discretion of the CYO Basketball League of Western Mass.